

Is your child between the ages of 9 and 17?

Does your child seem more sad, down, or depressed than usual?

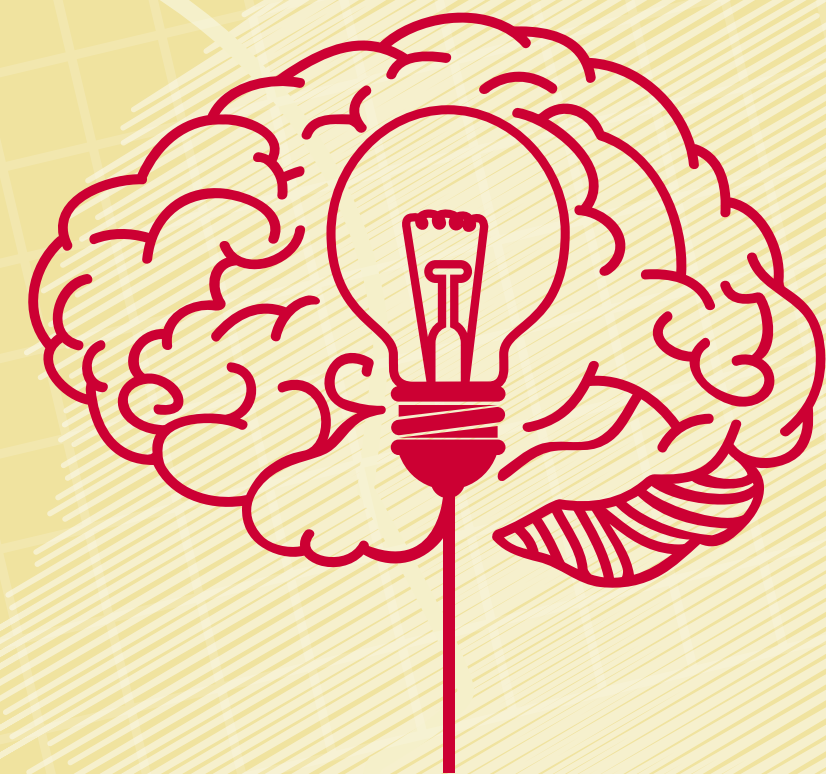
Is your child no longer participating in the things they used to enjoy?

Does your child seem more irritable or easily annoyed?

**It's an overwhelming
time for kids and teens.
We can help!**

RUTGERS

Graduate School of Applied
and Professional Psychology



YOUTH ANXIETY & DEPRESSION CLINIC

The Youth Anxiety and Depression Clinic at Rutgers University is recruiting youth and their families for a **randomized controlled clinical trial** to evaluate three types of **Cognitive Behavioral Therapies (CBT)** for anxiety, depression, and other mood problems. Eligible participants receive low-cost therapy sessions on a sliding scale based on household income. Participants can earn up to **\$105-195** to complete scheduled assessments.



For more information, contact us:



Youth Anxiety & Depression Clinic
(848) 445-3905
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Note: The content of this flyer was approved by the Rutgers University Institutional Review Board for the Protection of Human Subjects on 11/9/2022; approval of this form expires on 11/8/23.